

Easy Version (Summary)

Lesson 1

Explain the passage briefly to your classmates.

Many companies have developed meat substitutes in recent years. They taste almost like real meat. People want them for reasons such as health, ideology, the environment, and feeding the world's population. Meat substitutes still have problems, but these may be solved in the near future. (45 words)

Lesson 2

Explain the passage briefly to your classmates.

More and more people in Japan are training their muscles for health and beauty. Research has shown that strength training is good for health. Muscles play important roles in your body such as moving your body and creating heat. However, be careful of too much exercise. You need moderate exercise. (50 words)

Lesson 3

Explain the conversation between Fred and Sue briefly to your classmates.

Fred recently went to the zoo with his young cousin. They really enjoyed seeing animals with their own eyes. However, Sue thinks that zoos are stressful prisons for animals. She thinks it is better to see wild animals on TV and the Internet. (43 words)