

LESSON 1 Is the Meat Real or Fake?

1 Look at the picture above. It looks like a delicious hamburger. Actually, the meat in the bun is not real. It is made from (①).

2 In recent years, many companies have been (②) to develop substitutes for meats such as beef, pork, and chicken. As a result, the meat substitutes now (③) quite real.

3 There are various reasons why people choose meat substitutes. Some want them for (④) reasons. Others want them for ideological reasons.

4 Another reason is to protect the (⑤). Livestock farming generates large amounts of greenhouse gases. By choosing meat substitutes, people hope to (⑥) livestock numbers and cut greenhouse gas emissions.

5 Meat substitutes are also good for food (⑦). By (⑧), the world's population will reach 10 (⑨). Meat substitutes will help to feed these people.

6 At (⑩), switching from real meat to meat substitutes is not easy. Some of them (⑪) a lot of salt and additives, so they are not necessarily healthier than real meat. Moreover, manufacturing costs are high, so meat substitutes are expensive. These problems, however, may be solved in the near (⑫).

解答

- ① soybeans
- ② competing
- ③ taste
- ④ health
- ⑤ environment
- ⑥ reduce
- ⑦ security
- ⑧ 2050
- ⑨ billion
- ⑩ present
- ⑪ contain
- ⑫ future